

## Sacred Home™

*Brings an attitude of love, clarity and joy to household tasks, creating a space that radiates health and balance*

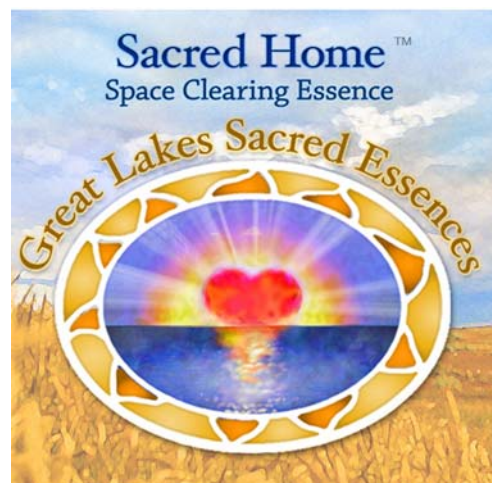
Sacred Home™ is clearing, focusing & intentional, working to shed personal negativity or depressive energies around household tasks while enabling one to do needed, focused, brightening house cleaning with an attitude of love, clarity and joy, helping to create space that radiates health & balance.

A blend of intuitively selected Flower Essences (and, in the sprays, harmonizing Essential Oils).

### Flower Essence Combination:

(in tinctures and sprays)

- **Montana Prairie** - very cleansing... diffuses negative energetic patterns & encourages spiritual transpiration... clears the old, allowing for fresh healing energy to be received.
- **Lake Superior Sand** - a purifier... refines & redefines... transforms, recharges and gives way to something greater.
- **St. Johnswort** - dispels negative thought forms that erode our happiness & innate positive perspective... restores light forces, allowing joy to return.
- **Chickweed** - releases grumpy, cross emotions... eases feelings of inequity... opens one to embrace supportive community, grace, humor & sunshine.
- **Spotted Knapweed** - helps bring healing to cycles of martyrdom which can plunge one into endless tasks beyond one's physical or emotional limits.
- **October Pear** - helps one to stay focused with one's time and actions... assists one in overcoming self-defeating behaviors.
- **Black Canyon Juniper** - very protective... provides shielding from negative energies while safeguarding against forces that drain one's spirit and energy.
- **Mountain Pulsatilla** - brings us back into our heart so that we may not be so whiny & critical... helps elevate our view to see the Heaven around us.



- **September Crab Apple** - supplies focus & energy... helps you stay in your heart while releasing fears.
- **Lupine** - a joyful presence always responding to the pleasure of the task playfully... teaches Divine order... helps us do the Spring cleaning & release the clutter that keeps us separated from our innate joy & productivity.
- **Tangerine** - awake & lively... offers inspiration towards projects... encourages the fun & passion that keep one focused and energetic while taking care of the details that ultimately clean up the mess & restore order.

### Essential Oils:

(in sprays only)

- **Elemi** [Philippines, organic practices] - centers, focuses mind & emotions giving one peace... calms & balances nerves and promotes harmony within one's self and with others... detoxifies... energizes people suffering from physical fatigue.
- **Blood Orange** [Italy] - happy, upbeat... quells anxiety... creates a sunshine effect... balances the emotions, calming, revitalizing & energizing.
- **Cardamom** [Guatemala, organic practices] focus, enthusiasm. clarifying... empowering... helps devote one to purpose with creativity, warmth & love.
- **Tanacetum Annum** [Morocco, organic] encourages one to serve from the heart... balances perfectionism, dispelling tension & anxiety... promotes simplicity & good nature.

Statements about the products have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease. The creators of the products are not physicians, and their ideas, procedures, and suggestions are not intended to substitute for the medical advice of a trained health professional. If you are pregnant, nursing or using antabuse, please consult your physician before taking.

- **Dry Lemon** [USA] - lively, focused, clearing conscious... playful & happy... dispels sadness & melancholy... clears grief... promotes laughter, joy & social nature.
- **Cinnamon Leaf** [Sri Lanka, wild-crafted] - unlike bark, the leaf is skin-friendly... anti-bacterial, anti-viral, antiseptic... stimulating, warming, homey, focusing.
- **Atlas Cedarwood** [Morocco, organic practices] calms the mind & eases anxiety... defuses aggression, anger, fear... clears the air after arguments... stabilizes energy imbalances... comforting during stressful times... offers clarity during crisis.

**In a Base of  
Prayer-Intoned Spring Water.**

## Using Tinctures

*Gently shake the bottle before each use.*

Gently shaking the bottle “wakes up” the essences. Take 3-4 drops in your mouth. Add 3-4 drops to your drinking water, your cooking, your bath, your body lotion, a decorative water fountain, a bowl of water in your room (and stir occasionally), your laundry, your dishwasher, your cleaning solutions, your plant water, your pet’s water bowl or anything else that feels “right” as you are intuitively guided.

The tincture can be used frequently, so take it whenever you feel a need for the support it offers. Every time you take it your emotional body becomes more balanced, allowing the truly beautiful support of Nature to be realized as the frequencies of your emotional, spiritual and physical bodies lift to higher and clearer levels.

## Using Sprays

*Gently shake the bottle before each use. Avoid spraying in eyes. For external use only, to be sprayed around body or surroundings.*

Gently shaking the bottle “wakes up” and blends the flower essences with the essential oils. Spray above your head and let it rain down on you. Spray your palms. Spray yourself in the shower. Spray a handkerchief and breathe in as needed. Spray your bed sheets, rooms at home, car, classroom, office or work space.

The spray can be used frequently, so spray it whenever you feel a need for the support it offers. It charges the space around you, clearing negative patterns and creating supportive energies that allow your emotions to become more balanced. It also affects others coming into that space, offering healing energies and allowing relationships to become more harmonious.

Spray any space that feels “right” as you are intuitively guided, and expect a beautiful story of fantastic change to unfold.