



With botanical name Primula vulgaris, this species of Primula is more commonly known as Primrose or occasionally Common Primrose or English Primrose. It is native to western and southern Europe, northwest Africa, and southwest Asia. One of the earliest Spring bloomers in much of Europe, Primrose is in full flower in the gardens of the U.S. and U.K. during April and May.



December Primrose

December 13, 2003

helps strengthen our focus towards goals and ideals

The Primrose path is a walk of beauty.

To be guided by flowers.....

the heart is uplifted,
the soul filled with light,
the body loses its weight
and the walk becomes a dance.

The December Primrose offers us a deep seeing,
an opportunity to strengthen our vision
and to more clearly perceive the path before us.

This essence holds the deep and lofty goals of the soul
before us in all their shimmering radiance
in order that we may hold our focus to these ideals.

It then surrounds us

in a soft deep comforting blanket of protection.....
a blanket that can protect these visions
from the fears and worries of an interrogating mind.

This Primrose was blooming brightly on a 10° Michigan day.

The ground had been frozen for weeks.

It blossoms for us now to offer radiant inspiration and energy
to those whose dreams and aspirations have become frozen into inaction
because of the complication and stress of their lives.

December Primrose helps to reignite the spirit
with its original passion for life and accomplishment.

This is an excellent remedy for groups

to help them focus their visions
and move towards them with joy, energy and strength.

For the individual, December Primrose Blossom
smiles brightly as she guides your feet to the door of your heart's desire.

